

Faith Talk

TOOTHPASTE RACE

A lesson on the importance of our words.

Things you'll need:

- 1 tube of toothpaste and 1 plate per person
- A \$1 and a \$20 bill (you'll get to keep this one)
- Miscellaneous "tools" available: straws, toothpicks, pipe cleaners, etc.
- Bible

Faith Talk:

The first person to completely empty their tube of toothpaste onto the plate will earn the \$1.00 bill. Build excitement as you begin the race and award the winner.

Next, pull out the \$20 bill. The first person to put all the toothpaste BACK INTO the tube will win the twenty dollars! They may use any "tools" available to assist in the project. (Of course, this is an impossible task, but they can have fun trying.)

Draw the parallel by discussing the impossibility of taking words back *after* they have been said. Discuss times when words have "hurt" and when words have "encouraged." Discuss ways you can have a more encouraging home by not using hurtful words.



HomePoint
Building Faith at Home

Proverbs 18:21—“The tongue has the **power** of life and death, and those who love it will eat its **fruit**.”

We hold more “power” than any superhero! And, if we use the “power” wisely, it will be like sweet fruit.

Suggestion:

Prepare a fruit dessert. Discuss how desserts can remind us of the positive power in our tongue.