

# Faith Talk

## SAVE THE DATE

*Busyness can steal family fun time.  
This Faith Talk will help you “see” through your busy calendar.*

### Things you'll need:

- Flashlight
- Pen and paper
- Family Calendar

### Faith Talk:

Wait until after dark to gather your family. You can sit in a tent, hike to a park, or sit in your home with the lights off.

Give each person a chance to name and count all the things that took their time today. Compare your busy days.

Next, list and count all the things that take time on your family's calendar: homework, baseball, Life Group, violin lessons, etc.

Families are busy and we are pressured to do more, go more, and try more. In the midst of running to and fro, family fun time is often sacrificed.

While sitting in the dark ask a family member to “see” if they can read the following scripture passage.



**HomePoint**  
*Building Faith at Home*

*When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." John 8:12*

After they struggle to read in the dark, turn on the flashlight and ask them to read again.

What difference does light make? Not only is Jesus the Light of the world, He is the Light of our family and our family calendar. Our calendar reflects our priorities.

Discuss ways your calendar can reflect that you are a follower of Jesus.

Discuss ways your calendar can reflect that you love your family.

As parents, we need to manage the family calendar to include these priorities.

Ask your kids to trust you to shine the light on the family calendar periodically to ensure your family is balanced. Make time to invest in strong family relationships that will last a lifetime.

Discuss fun times you've had together as a family in the past. Make a list of things you would like to do this coming year. (i.e. ice cream, fishing, movie night, etc.) Add one or two on your family's calendar and aggressively protect those dates. When another opportunity arises on that date, you can confidently say you already have plans.